



## Find a Cause

### Service & Advocacy From Home

Did you know that you can make a difference in your community without even leaving home? The following ideas are just a few ways that finding a cause can make a positive impact during COVID-19 or ANYTIME throughout the year.

- #1** Find a cause you are passionate about: Animal Rights, Global Stewardship, Climate Change, Cancer Research, Disability Rights, LGBTQ+ Equality, Black Lives Matter, Criminal Justice Reform, Youth advocacy, and so many more! Think about what is important to you and find other people who are passionate about the same things.
- #2** Research your cause to find out more. Use the internet to learn more about your cause. Who started the movement? Why did they start it? What are some major milestones for your cause? What organizations are currently working toward your cause? How can you get involved?
- #3** Campaign for your cause! Post facts and information about your cause online. Get involved with the organizations working for your cause and see how you can help. Start an online fundraiser for your cause. Contact your representatives and make your voice heard! Find out if there are laws in your area that affect your cause, write letters or emails, and make phone calls to your local representatives (mayor, governor, state representative, senators, etc.)